

5th Cheung Do Kwan Poomsae Competition 2023

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” &
BRING TO COMPETITION**

TSUI HO CHING	
POT	
A-Y4	
DIVISION Kids II	BELT YELLOW
POOMSAE 1	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

WWW.HONGKONGTAEKWONDO.COM

COURT A (YELLOW, RED)

COURT B (YELLOW-GREEN, BLUE & RED-BLACK)

COURT C (GREEN, GREEN-BLUE)

COURT D (BLUE-RED, BLACK)

Address: Southorn Stadium, 111 Johnston Road, Wan Chai

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www.hongkongtaekwondo.com/5thcomplist

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**ENTRY FORM “PLEASE PRINT IN A4 SIZE” &
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LIAO TSZ YEUNG	
POT	
A-Y6	
DIVISION Kids II	BELT YELLOW
POOMSAE 1	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

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COURT A (YELLOW, RED)

COURT B (YELLOW-GREEN, BLUE & RED-BLACK)

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**ENTRY FORM “PLEASE PRINT IN A4 SIZE” &
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TAN ZHI QING	
POT	
A-Y7	
DIVISION Kids II	BELT YELLOW
POOMSAE 1	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

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COURT A (YELLOW, RED)

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LING MEI CHI CYNTHIA	
POT	
A-Y9	
DIVISION Kids III	BELT YELLOW
POOMSAE 1	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

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COURT A (YELLOW, RED)

COURT B (YELLOW-GREEN, BLUE & RED-BLACK)

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LIANG JUN HAO	
POT	
A-Y10	
DIVISION Kids III	BELT YELLOW
POOMSAE 1	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

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LEE TSUN MING	
POT	
A-Y10	
DIVISION Kids III	BELT YELLOW
POOMSAE 1	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

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**ENTRY FORM “PLEASE PRINT IN A4 SIZE” &
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XIAN TSZ YEUNG	
POT	
A-Y11	
DIVISION Kids III	BELT YELLOW
POOMSAE 1	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

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**ENTRY FORM “PLEASE PRINT IN A4 SIZE” &
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TSOI YAN TUNG	
POT	
B-YG3	
DIVISION Kids II	BELT YELLOW-GREEN
POOMSAE 2	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

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LU YUET LUN	
POT	
B-YG4	
DIVISION Kids II	BELT YELLOW-GREEN
POOMSAE 2	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

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**ENTRY FORM “PLEASE PRINT IN A4 SIZE” &
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YONG NATALIE LOK YAN	
POT	
B-YG10	
DIVISION Kids III	BELT YELLOW-GREEN
POOMSAE 2	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

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LEUNG TSZ KI	
POT	
B-YG11	
DIVISION Kids III	BELT YELLOW-GREEN
POOMSAE 2	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

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LEUNG HUI TSUN	
POT	
B-YG12	
DIVISION Kids III	BELT YELLOW-GREEN
POOMSAE 2	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

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WONG YU HIN	
POT	
B-YG13	
DIVISION Kids III	BELT YELLOW-GREEN
POOMSAE 2	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

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LEUNG KWAN TING	
POT	
B-YG15	
DIVISION Cadet	BELT YELLOW-GREEN
POOMSAE 2	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

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LAM CHUN KIU	
POT	
B-YG16	
DIVISION Senior I	BELT YELLOW-GREEN
POOMSAE 2	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

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TSUI WAI LUN	
POT	
C-G6	
DIVISION Kids II	BELT GREEN
POOMSAE 3	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

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WONG CHAK MING	
POT	
C-G10	
DIVISION Kids III	BELT GREEN
POOMSAE 3	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

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CHU CHI CHUNG	
POT	
C-G11	
DIVISION Kids III	BELT GREEN
POOMSAE 3	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

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CHUNG YU PANG	
POT	
C-G14	
DIVISION Cadet	BELT GREEN
POOMSAE 3	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

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YUEN HIN NGA FIONA	
POT	
C-G18	
DIVISION Senior III	BELT GREEN
POOMSAE 3	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

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PANG YUK YU	
POT	
D-BR1	
DIVISION Kids II	BELT BLUE-RED
POOMSAE 6	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

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COURT A (YELLOW, RED)

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COURT C (GREEN, GREEN-BLUE)

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FUNG CHING LAM	
POT	
D-BR6	
DIVISION Kids III	BELT BLUE-RED
POOMSAE 6	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

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CHAN HOU TIN	
POT	
D-BR8	
DIVISION Kids III	BELT BLUE-RED
POOMSAE 6	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

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LIU YU HIN	
POT	
D-BR10	
DIVISION Kids III	BELT BLUE-RED
POOMSAE 6	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

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CHUNG YI TSEN	
POT	
D-BR14	
DIVISION Senior I	BELT BLUE-RED
POOMSAE 6	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

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CHEUNG YU WAH	
POT	
A-R5	
DIVISION Kids III	BELT RED
POOMSAE 7	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

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CHOW MAN KIT	
POT	
A-R8	
DIVISION Senior I	BELT RED
POOMSAE 7	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

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TANG KA MAN	
POT	
A-R9	
DIVISION Senior I	BELT RED
POOMSAE 7	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

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**ENTRY FORM “PLEASE PRINT IN A4 SIZE” &
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HO TIK KA	
POT	
A-R10	
DIVISION Senior III	BELT RED
POOMSAE 7	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

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LIU SUM YU	
POT	
D-BLK1	
DIVISION Kids III	BELT BLACK
POOMSAE 0	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

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FOK CHUN WAI	
POT	
D-BLK4	
DIVISION Cadet	BELT BLACK
POOMSAE 0	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

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WU PAK YEUNG	
POT	
D-BLK8	
DIVISION Senior I	BELT BLACK
POOMSAE 0	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

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