

5th Cheung Do Kwan Poomsae Competition 2023

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO
COMPETITION**

Para Jesieca	
HDTA	
B-YG17	
DIVISION Senior III	BELT YELLOW-GREEN
POOMSAE 2(two)	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

WWW.HONGKONGTAEKWONDO.COM

COURT A (YELLOW, RED)

COURT B (YELLOW-GREEN, BLUE & RED-BLACK)

COURT C (GREEN, GREEN-BLUE)

COURT D (BLUE-RED, BLACK)

Address: Southorn Stadium, 111 Johnston Road, Wan Chai

In case of lost entry form, click link below and print

www.hongkongtaekwondo.com/5thcomplist

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**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO
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Monilar, Ruthche Apit	
HDTA	
C-G19	
DIVISION Senior III	BELT GREEN
POOMSAE 3(three)	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

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Punzalan Jessica	
HDTA	
B-B13	
DIVISION Senior III	BELT BLUE
POOMSAE 5(five)	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

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Granada Estephanie	
HDTA	
B-B13	
DIVISION Senior III	BELT BLUE
POOMSAE 5(five)	

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Competition Time | 1:30pm – 5:00pm

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Jesseryll Cabais	
HDTA	
A-R10	
DIVISION Senior III	BELT RED
POOMSAE 7(seven)	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

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Osting, Junalyn Kampic	
HDTA	
D-BLK13	
DIVISION Senior III	BELT BLACK
POOMSAE 8&K	

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Competition Time | 1:30pm – 5:00pm

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Takinan, Mangee Bay-an	
HDTA	
D-BLK13	
DIVISION Senior III	BELT BLACK
POOMSAE 8&K	

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