



PROMOTION TEST DETAIL

NOV 27th, SUNDAY

Test Venue:

Southern Stadium Indoor Sports Hall, 111 Johnston Road, Wan Chai

Rundown:

3:00pm - 3:10pm Opening Ceremony & Group Photo

3:10pm - 3:30pm Taekwondo Demonstration

3:40pm - 6:00pm Taekwondo Test*

*Please check below for your specific court.

Test procedure:

For each court, we will call out **15 students** as a group for the test, and students will receive their new belt immediately if they pass and will be free to leave; for those who failed, they will receive a re-test slip before they leave. The estimated test time for each 15 people group is around 15mins, and the whole promotion test will end at approximately 6pm.

COURT	CURRENT BELT	EXAMINER
A	White	Master Sam
B	Yellow	Master Billy
C	Yellow-Green	Master Jack
	Green	
	Green-Blue	
	Blue	
D	Blue-Red	Grand Master Woo
	Red	
	Red-Black	
	Black	

Upon arrival:

Please go directly to the seating area for the group photo. There's no need to register.

Test material:

- Cheung Do Punch
- Kicking Techniques
- Poomsae (White Belt Poomsae 0 for ages 7 or above only)
- Wood Breaking (Green-blue belt or above only)

Sparring and speed test will ONLY be tested IN CLASS, not on the test day.

Before the test:

Please make sure to come with **FULL CDK UNIFORM** (no T-shirts allowed), students may be restricted from taking the test if they are not wearing appropriate clothing.

Practice hard for your own syllabus.

GOOD LUCK

&

BE ON TIME FOR THE DEMONSTRATION!!

- CHEUNG DO KWAN