1st Korea Taekwondo Cheung Do Kwan

Poomsae Competition

Date: May 1st, 2014 Time: 1pm to 3:30pm (Color Belt), 3:30pm to 6:00pm (Black Belts)

Venue: 55 Lei King Road, Sai Wan Ho, Hong Kong (Korean International School)

Competition Fee: $150 per participant Deadline : April 12th, 2014 Limit per age group: 40

Please check website [www.hongkongtaekwondo.com](http://www.hongkongtaekwondo.com) for the complete rules and regulations under Competition Rules for scoring criteria. The competition list and time will also be posted on the website.

**Color Belt (yellow to red-black belt)**

|  |  |  |
| --- | --- | --- |
| Age Groups | Yellow Belt to Green-Blue Belt | Blue Belt to Red-Black Belt |
| Poomsae 2 | Poomsae 5 |
| Junior I (6-8) |  |  |
| Junior II (9-12) |  |  |
| Teens & Adults (13+) |  |  |

**Black Belt**

|  |  |
| --- | --- |
| Age Groups | Poomsae |
| Junior I & II (6 - 12) | 7, Koryo |
| Teens & Adults (13+) | 7, Koryo |

Full Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (For Participation Certificate)

Age Group (please circle):\_Junior I/ Junior II/ Teen & Adult\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Belt (please circle): Yellow to Green Blue/ Blue to Red Black/ Black\_\_\_\_\_\_\_\_\_\_

Contact:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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